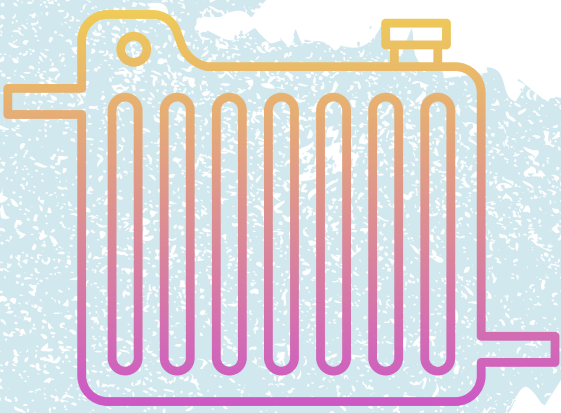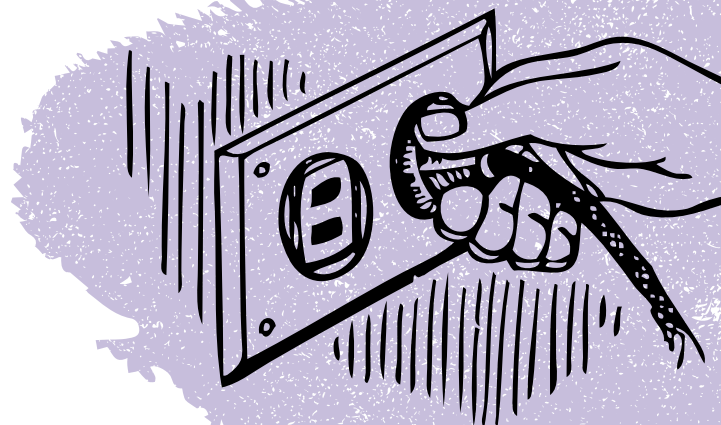# Energy Saving Tips

BLEED YOUR RADIATORS MORE OFTEN

Ensure your central heating is working as efficiently as it can be by bleeding your radiators often.

TURN APPLIANCES OFF AT THE WALL

Using standby mode will still use energy so try and get into the habit of switching off at the wall.

RE-THINK YOUR KETTLE USAGE

Instead of filling up the kettle each time you want a brew, just heat enough water for what you need. OR heat a whole kettle and fill a thermal flask to be used throughout the day.
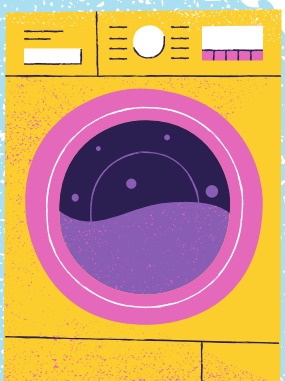
MICROWAVE MORE

Not only is microwaving quicker, it's uses less energy than cooking on the stove or in the oven

ONLY DO FULL LOADS OF WASHING

Wait until you've got enough for a full load. Washing more clothes but less often is more efficient than doing half-loads.

BATCH COOK

If you're using your oven try to make something that will last for at least 2 meals (or cook something that you can make multiple meals out of)

LED LIGHTBULBS

Modern LEDs are not only more efficient, they also last longer so are less wasteful too. So ditch traditional bulbs and make the switch to LED

ECO SETTINGS

Dishwashers and boilers should all have an eco setting which means the water is heated more slowly, using less energy. The results will be the same but will take a little longer

UNPLUG CHARGERS

Unplugging your devices when they are fully charged will not only save you money, it will also prolong your battery life

SHORTER SHOWERS

Keeping your showers to 4 minutes could save a typical household £70 a year on their energy bills. Plus swapping baths for short showers will provide additional savings